



East Sussex Commissioned Provider Training Prospectus 2023-24

Domestic Abuse, Sexual Violence and Abuse &
VAWG



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Change, Grow, Live

Domestic Abuse: DASH, MARAC and Safety Planning - ONLINE - FREE

Training courses open to professionals in East Sussex.

To raise awareness and increase understanding in addressing domestic abuse including coercion and control; to recognise signs and symptoms and develop confidence in assessing risk and safety planning.

Course Dates, Venue and Times

- Friday 20th October 2023 (9.30am - 4pm)
- Monday 5th February 2024 (9.30am - 4pm)

You can book through the East Sussex County Council Adult Learning Portal. [Safeguarding | East Sussex County Council](#)

Harmful Practices- Female Genital Mutilation (FGM) and Breast Ironing - ONLINE - FREE

The course is free to East Sussex Commissioned Providers and professionals working for East Sussex County Council, Sussex Police and NHS Sussex. Charges may apply to professionals outside of these organisations.

This course aims to increase the knowledge, awareness, and understanding of Female Genital Mutilation (FGM) and Breast Ironing and to enable multi-agency practitioners to more confidently identify and safeguard those children at risk.

Course Dates, Venue and Times

- Monday 9th October 2023 (9.30am - 1pm)

You can book through the East Sussex County Council Children's Learning Portal. [Core Skills - East Sussex County Council](#)

Harmful Practices- Honour Based Abuse and Forced Marriage - ONLINE - FREE

The course is free to East Sussex Commissioned Providers and professionals working for East Sussex County Council, Sussex Police and NHS Sussex. Charges may apply to professionals outside of these organisations.

This course will raise your awareness of Honour Based Abuse and Forced Marriage and the impact on victims/children. Topics covered will include identification, assessment and reporting processes to support professionals in their safeguarding role.

Course Dates, Venue and Times

- Monday 16th October 2023 (9.30am - 1pm)

You can book through the East Sussex County Council Children's Learning Portal. [Core Skills - East Sussex County Council](#)

Coercion and Control: A multi-agency workshop for staff working with Domestic Abuse - ONLINE - FREE

This workshop is for professionals who work with children, families, and adults, to learn about the nature of coercion and control within a domestic abuse relationship and have an opportunity to share their experiences.

Course Dates, Venue and Times

- Thursday 26th October 2023 (9.30am - 4.30pm)

You can book through the East Sussex County Council Learning Portal. [Safeguarding | East Sussex County Council](#)

Veritas Justice

Stalking and the Law - ONLINE - FREE

Training courses open to frontline professionals in East Sussex.

This online stalking awareness session covers responding to First Disclosures, Stalking and the Law, and Cyber-enabled Stalking. This is a basic introduction to Stalking. The session is suitable for any worker or volunteer who may have contact with people experiencing stalking.

Course Dates, Venue and Times

- **Monday 24th July 2023 (9.30am - 1.30pm)** You can book this session via Eventbrite - <https://www.eventbrite.co.uk/e/stalking-and-the-law-east-sussex-tickets-648187976687>
- **Wednesday 6th September 2023 (9.30am - 1.30pm)** You can book this session via Eventbrite - <https://www.eventbrite.co.uk/e/stalking-and-the-law-east-sussex-tickets-648192189287>
- **Thursday 30th November 2023 (9.30am - 1.30pm)** You can book this session via Eventbrite - <https://www.eventbrite.co.uk/e/stalking-and-the-law-east-sussex-tickets-648198678697>
- **Monday 5th February 2024 (9.30am - 1.30pm)** You can book this session via Eventbrite - <https://www.eventbrite.co.uk/e/stalking-and-the-law-east-sussex-tickets-648202018687>

Survivors' Network

Impact of Sexual Violence and Abuse - ONLINE - FREE

Training course open to frontline professionals in East Sussex.

This course helps to challenge myths surrounding expected reactions to rape and sexual assault, and to understand the processes at play that may bring about different responses and reactions, in the moment and afterwards. We will go on to consider some practical ways in which we may respond to survivors, support that is available locally and nationally, and move on to reflect on the impact on us supporting someone who has been through these experiences.

Course Dates, Venue and Times

- Wednesday 9th August 2023 (10am - 1.30pm)
- Monday 13th November 2023 (10am - 1.30pm)

You can book through the East Sussex County Council Learning Portal. [Safeguarding | East Sussex County Council](#)

Responding to First Disclosures - ONLINE - FREE

Training course open to frontline professionals in East Sussex.

You may be the first person that a survivor of sexual assault talks to. Would you know how to react, what to say or not say, what your legal duty is, where to signpost? This course gives an overview of what to do when someone discloses an incident or history of sexual abuse, and practical advice to support them.

Course Dates, Venue and Times

- Thursday 10th August 2023 (10am - 1.30pm)

You can book through the East Sussex County Council Learning Portal. [Safeguarding | East Sussex County Council](#)

Sexual Violence and the Legal System - ONLINE - FREE

Training course open to frontline professionals in East Sussex.

This training day has been designed to develop knowledge and understanding of our legal system and what may arise when someone has reported crimes of a sexual nature to the police.

Course Dates, Venue and Times

- Tuesday 6th February 2024 (10am - 1.30pm)

You can book through the East Sussex County Council Learning Portal. [Safeguarding | East Sussex County Council](#)

Hersana

Hersana offer various training sessions/structures. See attached prospectus for further details on the following:

Standard Training (regularly run training courses, closed sessions for a single team only. Topics include Female Genital Mutilation/Cutting, Forced Marriage, Honour-Based Abuse, Sexual Abuse, Domestic Abuse, Bystander Intervention Training)

Bespoke Training (catered to an organisations specific training needs)

Open Training (run quarterly, open to all individuals)



Hersana Training
Brochure.pdf

Upcoming Open Training Course Dates, Venue and Times

Unconscious bias and the barriers it creates for Black femme survivors of gender-based violence - ONLINE - £54.49

- Tuesday 15th August 2023 (10am - 1pm)
- Friday 3rd November 2023 (10am - 1pm)

You can book this session via Eventbrite - [\(Un\)conscious bias and the barriers it creates for Black survivors of GBV Tickets, Multiple Dates | Eventbrite](#)

Language and cultural awareness when working with Black survivors of GBV - ONLINE - £38.32

- Friday 18th August 2023 (10am - Midday)
- Wednesday 8th November 2023 (10am - Midday)

You can book this session via Eventbrite - [Language and cultural awareness when working with Black survivors of GBV Tickets, Multiple Dates | Eventbrite](#)

Harmful Practices Awareness Session - ONLINE - £38.32

- Tuesday 22nd August 2023 (10am - Midday)
- Friday 17th November 2023 (10am - Midday)

You can book this session via Eventbrite - [Harmful Practices Awareness Session Tickets, Multiple Dates | Eventbrite](#)

Gender-Based Violence Awareness Session - ONLINE - £38.32

- Tuesday 29th August 2023 (10am - Midday)
- Tuesday 28th November 2023 (10am - Midday)

You can book this session via Eventbrite - [Gender-Based Violence Awareness Session Tickets, Multiple Dates | Eventbrite](#)

Switchboard

Switchboard are a 'By and For' led service who provide support to LGBTQ+ survivors through their Independent Domestic Violence Advisors (IDVAs).

They offer a wide range of training options including information sessions, interactive workshops and full day courses. See training menu attached for further information:



LGBTQ+ Training
Menu.pdf

Hourglass

Hourglass are the only UK-wide charity dedicated to calling time on the harm, abuse and exploitation of older people. Their confidential services provide information and support to an older person or anyone concerned about an older person who is at risk of, experiencing or recovering from any form of abuse. The types of harm and abuse might include physical, financial, psychological, sexual or neglect.

They offer 90 minute training sessions for upto 30 people (Online £200 / Face to Face £320). The sessions include:

- The dynamics of elder abuse, domestic elder abuse and coercive control.
- Information on spotting the signs of abuse.
- Analysis of how age can create barriers to accessing support including technological exclusion, housing, family dynamics and adult safeguarding.
- Interactive case study aimed at building confidence in aiding real-life disclosures.
- Open question forum for staff.
- Presentation slides provided in PDF for staff reference.
- Advice on signposting to Hourglass 24/7 helpline and support options.

To discuss/book a training course for your organisation/team please contact: enquiries@wearehourglass.org